

The Speaker:



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CANADA

Intensive Short-Term Dynamic Psychotherapy (IS-TDP)

Dr. Allan Abbass will review the metapsychology of the unconscious and technical details of Davanloo's Intensive Short-term Dynamic Psychotherapy as relates to patients with fragile character structure.

Based on 40 years of video tape research the ISTDP treatment format has been adapted with specific technical modifications to first build psychic integration and structural capacity, leading to the development of healing forces of the unconscious therapeutic alliance leading to first breakthroughs and repeated unlocking of the unconscious.

This workshop will examine with detail videotaped from actual treatment sessions with his patients to demonstrate aspects of these treatment phases.

Condition of admission

Because the course will be opened for foreigners and held online, it is open to the following groups of healthcare professionals and therapists:

- 1) those who are in an ISTDP or EDT Core training or supervision,
 - 2) those who have previously completed an ISTDP/EDT Core training program,
 - 3) ISTDP/EDT Trainers,
 - 4) Colleagues of these 3 groups who will attend the immersion while physically being present in the same room, and 5) those who are part of any ISTDP/EDT Societies with signed confidentiality agreements.
- This is all to ensure confidentiality of case materials that will be reviewed and discussed.

Further informations and registration at the latest by 10.04.2021:

<http://www.istdp.ch/form/onlineform2021apraa>

Costs: for the three days 29-30. April 01. Mai:

CHF 540.- / € 500.- / \$ 600.- online-participants
CHF 360.- / € 330.- / \$ 400.- students participating online

Place of Congress: Online Präsentation from Halifax

Payment to: **important data for money transfer**

ISTDP Schweiz: Sulgeneckstrasse 38 3007 Bern
Bank/Institute: UBS Switzerland AG
Postfach: CH-8098 Zürich
BIC/SWIFT: UBSWCHZH80A Clearing: 0231
IBAN: CH0700 231231 1345 3701C
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Intensive Short-Term Dynamic Psychotherapy (IS-TDP)

Severe Fragile Patients in IS-TDP

3 Days Training with Allan Abbass
Professor & Director, Centre for Emotions and
Health, Dalhousie University, Canada

Training
29th - 30th of April 2021 - 01st of Mai

Supervision Day cancelled

All videos are subtitled in English.

Please join us online in beautiful Bern, Switzerland for an enjoyable, supportive and collegial atmosphere to study this complex patient population.

15 credits SGPP / FSP / SAPP
The course language is English

Program in Detail

Update on evidence for the metapsychological basis of IS-TDP: Overview of the spectra of patients with fragile character structure. Audio-visual case illustrations.

Day 1: 29th of April 2021

11.00-12.30

Overview of ISTDP and psychoneurotic (non fragile) patients

15 minutes break

12.45 – 14.15

Meta psychology of the unconscious in fragility: Psychodiagnosis in mild fragility

Lunch 14:15 – 15:15

15:15 – 16.45

Mild Fragility 2: Capacity building and first unlocking

15 minutes break

17.00 – 18.30

Severe fragility: Meta psychology and Psychic integration 1

Literature

Abbass Allan (2015):
Reaching through Resistance Advanced Psychotherapy
Technique
Abbass Allan, Schubiner Howard (2018): Hidden from View
Davanloo Habib (1990): Unlocking The Unconscious
Davanloo Habib (2000): Intensive Short-Term Dynamic
Psychotherapy

Times correspond to

Timezone: Europe/Zürich

UTC: +2:00 hours daylight savings time

Day 2: 30th of April 2021

11.00 – 12.30

Severe fragility: Psychic integration 2

15 minutes break

12.45 – 14.15

Severe fragility: First breakthroughs:
Birth of the UTA 1

Lunch: 14:15 – 15:15

15.15 – 16.45

Severe fragility: First breakthroughs:
Birth of the UTA 2

15 minutes break

17.00 – 18.30

Severe fragility: Repeated unlockings 1

15 credits SGPP / FSP / SAPP
for each day

Day 3: 01th of Mai 2021

11.00 – 12.30

Severe fragility: Repeated unlockings 2

15 minutes break

12.45 – 14.15

Working through 1

Lunch: 14:15 – 15:15

15.15 – 16.45

Termination in time-limited and non-time-limited treatment

15 minutes break

17.00 – 18.30

Unique issues in fragility