

2019-2022 Halifax Core Training in Intensive Short-Term Dynamic Psychotherapy

We are planning an ISTDP Core Training to begin in 2019 in Halifax, Canada.

This is a three-year training program with trainees meeting four times a year for three consecutive days. These training blocks will involve didactic teaching, practice exercises and supervision of the clinical work of trainees. Teaching will involve the extensive use of video recorded therapy sessions.

This core training will be co-lead by Dr. Joel Town and Dr. Allan Abbass. Dr. Town will provide 9 days of the annual teaching and Dr. Abbass will provide 3 days.

We will shortly finalise the details for the training program, however, the dates for the annual training blocks will likely take place in March, June, September and November each year. The September three-day block will be scheduled alongside the annual Halifax Immersion which is provided at a reduced rate for Core Trainees.

Participants must be registered health care professionals and able to video record sessions of their clinical work for supervision purposes. If you are interested in this training opportunity, please contact Joel Town (dr.joel.town@gmail.com) for details and please send your Curriculum Vitae.