

3rd Columbia Psychosomatics Conference

Healing Unexplainable Pain



Advances in Psychotherapeutic Treatments for Persistent Somatic Distress: towards reversing effects of early interpersonal adversity on the body

Saturday & Sunday,
October 28-29, 2017

New York State Psychiatric Institute at Columbia University Medical Center
1051 Riverside Drive, Hellman Auditorium, 1st floor, New York, NY 10032

IN THE PROGRAM

Course Co-Directors: Alla Landa, PhD, Harald Gündel, MD, Brian A. Fallon, MD, Philip R. Muskin, MD



Welcome and Introduction
Jeffrey A. Lieberman, MD, and **Alla Landa, PhD**
Columbia University and NYSPI, New York, NY, USA



The Resilient Brain: Stress, epigenetics over the lifecourse,
and how the social environment gets under the skin
Bruce McEwen, PhD, Rockefeller University, NY, USA



Mother-Infant Co-regulation and the Origins of Disorganized
Attachment
Beatrice Beebe, PhD, Columbia University & NYSPI, NY, USA



From Etiology to Treatment: Can psychotherapy reverse
effects of early interpersonal adversity on the body?
Alla Landa, PhD, Columbia University & NYSPI, NY, USA



Mechanisms of Change in Relational Psychoanalysis
Jeremy Safran, PhD, New School for Research, NY, USA
New York University Postdoctoral Program in Psychotherapy
& Psychoanalysis, NY, USA



Short-term Psychodynamic Psychotherapies for Somatic
Symptom Disorders: Evidence base and ISTDP as an example
Allan Abbass, MD, Dalhousie University, Halifax, Canada



Psychodynamic-interpersonal Psychotherapy of Somatic
Symptom Disorders (PISO)
Peter Henningsen, MD, TUM, Munich, Germany



Wired for Healing: The dyadic repair of attachment trauma in
accelerated experiential dynamic psychotherapy (AEDP)
Diana Fosha, PhD, AEDP Institute, New York, NY, USA



Treating Somatic Symptoms with Sensorimotor Psychotherapy
Pat Ogden, PhD, Sensorimotor Psychotherapy Institute,
Broomfield, CO, USA



Integrating Relational Psychoanalysis and Somatic
Experiencing® to Treat Early Adversity: A clinical illustration
Frances Anderson, PhD, MIP, New York, NY, USA



Mechanisms of Change in the Psychotherapeutic Treatments
of Bodily Distress
Richard Lane, MD, PhD, University of Arizona, AZ, USA



Panel Discussion with All Speakers on Mechanisms of Change
led by **Harald Gündel, MD**, University of Ulm, Germany



Discussion Groups
moderated by clinical faculty of the conference and
Brian A. Fallon, MD, Columbia University and NYSPI, NY, USA
Philip Muskin, MD, Columbia University, NY, USA
Peter A. Shapiro, MD, Columbia University, NY, USA



Workshops on Psychotherapy Approaches

- ✧ Psychodynamic-interpersonal therapy for SSDs
Harald Gündel, MD, University of Ulm, Germany
Peter Henningsen, MD, TUM, Munich, Germany
- ✧ The transformation of emotional suffering with AEDP's
experiential methodology
Diana Fosha, PhD, AEDP Institute, New York, NY, USA
- ✧ Intensive Short-term Dynamic Psychotherapy: detecting and
treating somatic symptom disorders
Allan Abbass, MD, Dalhousie University, Halifax, Canada
- ✧ Treating the Lingering Impact of Early Pain Memories: An
experiential and didactic exploration
Frances Anderson, PhD, MIP, New York, NY, USA
- ✧ Treating Patients with Impairments in Emotional Awareness
Richard Lane, MD, PhD, University of Arizona, AZ, USA

MORE INFORMATION & REGISTRATION

http://www.columbia.edu/~al2898/columbia_psychosomatics/conference-2017/index.html

Advance registration is encouraged as the number of seats is limited!

columbia.psychosomatics.conf@gmail.com